

START	END	EVENTS - THURSDAY, JUNE 22	LOCATION
7 h 00	18 h 00	Beach opens for Swim Training CIRIM - Regional IRONMAN® Mont-Tremblant Information Center	Beach & Tennis Club - CIRIM - Swim Start
<b>17 h 00</b>	<b>20 h 00</b>	<b>SPRINT, 5i50™ &amp; IRONMAN® 70.3® MONT-TREMBLANT 2017 - ATHLETE CHECK-IN</b>	<b>Quartier Tremblant - Base Camp</b>
START	END	EVENTS - FRIDAY, JUNE 23	LOCATION
7 h 00	18 h 00	Beach opens for Swim Training - CIRIM	Beach & Tennis Club - CIRIM - Swim Start
12 h 00	18 h 00	Media & VIP Welcome Center	Quartier Tremblant - Base Camp
<b>12 h 00</b>	<b>19 h 00</b>	<b>SPRINT, 5i50™ &amp; IRONMAN® 70.3® MONT-TREMBLANT 2017 - ATHLETE CHECK-IN</b> <b>* SPRINT &amp; 5i50™ - NO ATHLETE CHECK-IN ON RACE DAY</b>	<b>Quartier Tremblant - Base Camp</b>
12 h 00	20 h 00	IRONMAN® Village - IRONMAN® Information Booth, Official IRONMAN® Store, EXPO, SPORTIUM Family Zone, CYCLE TECHNIQUE Bike Store & Tech Service Center, OKÉ TRIATHLON Store & Wetsuit rental & Tech Service Center	IRONMAN® Village
<b>15 h 00</b>		<b>SPRINT &amp; 5i50™ - MANDATORY Athlete Briefing</b> <b>* SPRINT &amp; 5i50™ Athletes must attend at least one briefing - Friday 15 h 00 or 18 h 30</b>	<b>SPORTIUM IRONMAN® Stage</b>
<b>17 h 00</b>	<b>19 h 30</b>	<b>SPRINT &amp; 5i50™ ONLY - BIKE CHECK-IN</b> (We strongly recommend this option to speed up the process on Saturday morning)	<b>IRONMAN® Village - Transition Zone</b>
<b>18 h 30</b>		<b>SPRINT &amp; 5i50™ - MANDATORY Athlete Briefing</b> <b>* SPRINT &amp; 5i50™ Athletes must attend at least one briefing - Friday 15 h 00 or 18 h 30</b>	<b>SPORTIUM IRONMAN® Stage</b>
START	END	EVENTS - SATURDAY, JUNE 24 - RACE DAY SPRINT & 5i50	LOCATION
5 h 00	17 h 30	IRONMAN® Information Booth	IRONMAN® Village
<b>5 h 15</b>	<b>6 h 30</b>	<b>SPRINT &amp; 5i50™ - TRANSITION ZONE OPEN - BIKE &amp; GEAR CHECK-IN &amp; BODY MARKING</b>	<b>IRONMAN® Village - Transition Zone</b>
<b>6 h 30</b>	<b>7 h 00</b>	<b>SPRINT &amp; 5i50™ - Morning Clothes Drop-Off</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
<b>6 h 50</b>		<b>"O Canada!" national anthem</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
<b>7 h 00</b>		<b>SPRINT Mont-Tremblant - Official Start - ALL AGE GROUP by Rolling Start</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
<b>7 h 30</b>		<b>5i50™ Mont-Tremblant - Official Start - ALL AGE GROUP by Rolling Start</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
7 h 30	17 h 30	IRONMAN® Village - Official IRONMAN® Store, EXPO, SPORTIUM Family Zone, CYCLE TECHNIQUE Bike Store & Tech Service Center, OKÉ TRIATHLON Store & Wetsuit rental & Tech Service Center	IRONMAN® Village
<b>9 h 00</b>	<b>12 h 30</b>	<b>SPRINT et 5i50™ - Morning Clothes, Bike &amp; Gear Check-Out</b>	<b>IRONMAN® Village - Finish Line Area &amp; Transition Zone</b>
10 h 00	17 h 00	Media & VIP Welcome Center	Quartier Tremblant - Base Camp
<b>10 h 30</b>		<b>SPRINT Mont-Tremblant 2017 - Awards Ceremony</b>	<b>SPORTIUM IRONMAN® Stage</b>
11 h 00	18 h 00	Beach opens for Swim Training - CIRIM	Beach & Tennis Club - CIRIM - Swim Start
<b>12 h 00</b>		<b>5i50™ Mont-Tremblant 2017 - Awards Ceremony</b>	<b>SPORTIUM IRONMAN® Stage</b>
<b>12 h 00</b>	<b>17 h 00</b>	<b>IRONMAN® 70.3® MONT-TREMBLANT 2017 - ATHLETE CHECK-IN</b> <b>* IRONMAN® 70.3® - NO ATHLETE CHECK-IN ON RACE DAY</b>	<b>Quartier Tremblant - Base Camp</b>
13 h 00		IRONMAN® 70.3® - PRO Athlete Briefing	Quartier Tremblant - Base Camp
<b>14 h 00</b>		<b>IRONMAN® 70.3® - MANDATORY Athlete Briefing</b> <b>* IRONMAN® 70.3® Athletes must attend at least one briefing - Saturday 14 h 00 or 16 h 00</b>	<b>SPORTIUM IRONMAN® Stage</b>
<b>14 h 00</b>	<b>17 h 30</b>	<b>IRONMAN® 70.3® - MANDATORY BIKE CHECK-IN</b>	<b>IRONMAN® Village - Transition Zone</b>
<b>16 h 00</b>		<b>IRONMAN® 70.3® - MANDATORY Athlete Briefing</b> <b>* IRONMAN® 70.3® Athletes must attend at least one briefing - Saturday 14 h 00 or 16 h 00</b>	<b>SPORTIUM IRONMAN® Stage</b>

START	END	EVENTS - SUNDAY, JUNE 25 - RACE DAY 70.3	LOCATION
5 h 00	17 h 00	IRONMAN® Information Booth	IRONMAN® Village
5 h 15	6 h 30	<b>IRONMAN® 70.3® - TRANSITION ZONE OPENS &amp; BODY MARKING</b>	<b>Village IRONMAN® - Transition Zone &amp; SPORTIUM IRONMAN® Stage</b>
6 h 00	7 h 00	<b>IRONMAN® 70.3® - Morning Clothes Drop-Off</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
6 h 00	17 h 00	Media & VIP Welcome Center	Quartier Tremblant - Base Camp
6 h 52		<b>"O Canada!" national anthem &amp; fly-past from the Royal Canadian Air Force (RCAF)</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
7 h 00		<b>IRONMAN® 70.3® Mont-Tremblant - Official Start PRO MEN</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
7 h 05		<b>IRONMAN® 70.3® Mont-Tremblant - Official Start PRO WOMEN</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
7 h 06		<b>IRONMAN® 70.3® Mont-Tremblant - Official Start PC / XC</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
7 h 10		<b>IRONMAN® 70.3® Mont-Tremblant - Official Start ALL AGE GROUP by Rolling Start</b>	<b>Beach &amp; Tennis Club - Swim Start</b>
7 h 30	17 h 00	IRONMAN® Village - Official IRONMAN® Store, EXPO, SPORTIUM Family Zone, CYCLE TECHNIQUE Bike Store & Tech Service Center, OKE TRIATHLON Store & Wetsuit rental & Tech Service Center	IRONMAN® Village
11 h 30	17 h 00	<b>IRONMAN® 70.3® - Morning Clothes, Bike &amp; Gear Check-Out</b>	<b>IRONMAN® Village - Finish Line Area &amp; Transition Zone</b>
16 h 00		<b>2017 IRONMAN® 70.3® Mont-Tremblant Awards Ceremony followed by 2017 IRONMAN® 70.3® World Championship Slot Allocation &amp; Rolldown</b> *Slot Allocation & Rolldown will begin following Awards Ceremony - Be Early!	<b>SPORTIUM IRONMAN® Stage</b>
16 h 00	21 h 00	Volunteers Celebration Party	Grand Lodge Mont-Tremblant

